

Health & Volunteering

Interested in Health issues?
www.volunteering-wales.net

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03/09

Conwy Volunteer Centre

E-mail : volunteercentre@cvsc.org.uk



Conwy Voluntary Services Council - Registered Charity 1061697

Hospitals & Hospices

Help at your local hospital with befriending of patients, perhaps reading newspapers or books for them, helping in the tea-bar, joining the League of Friends or helping with the Toc H Patient Library Service.

Environment

Help to care for the gardens at Tyddyn Bach or Ysbyty Glan Clwyd

Discover Volunteering

Discover new experiences

Care in the Community

The British Red Cross provides short-term non-medical help for people recently discharged from hospital, or helps with the loan of Medical Equipment. Or what about Stroke Clubs, Vision Support or befriending through a variety of organisations e.g. Alzheimers Society

Drug and Alcohol Misuse

A number of organisations can provide opportunities to work in this field. Sova and the Community Justice Partnership are a couple of examples.

Mental Health

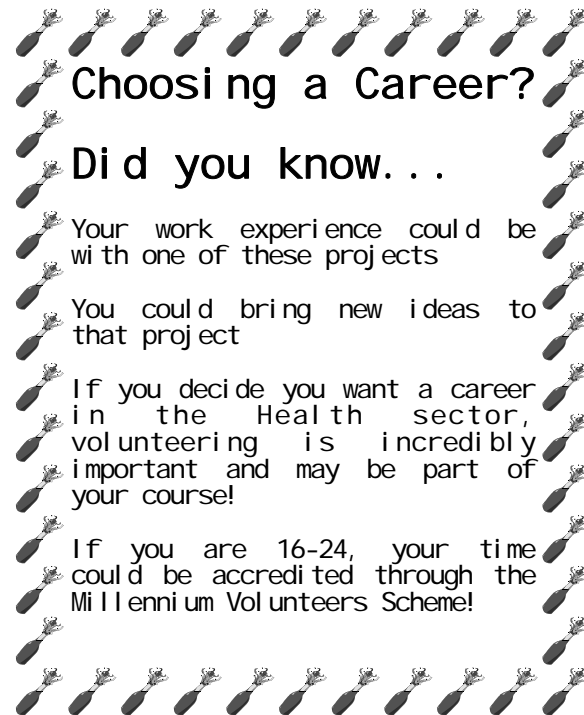
Such illness can hit anyone - you can help by befriending through, for example, Aberconwy Mind, Toc H or the Abbey Road Centre in Bangor.

First Aid

Perhaps you have an interest in offering practical life-saving services to the community. St. John Ambulance, Red Cross & 1st Responder scheme are involved in this work. Training would be provided.

HIV/AIDS

Join others in helping people with HIV/Aids whilst their usual carers take a well-earned rest. Tyddyn Bach in Penmaenmawr specialise in this field of work.



Choosing a Career?

Did you know...

Your work experience could be with one of these projects

You could bring new ideas to that project

If you decide you want a career in the Health sector, volunteering is incredibly important and may be part of your course!

If you are 16-24, your time could be accredited through the Millennium Volunteers Scheme!