Caring Volunteering

Interested in social care?

www.volunteering-wales.net

Conwy Volunteer Centre

42 Madoc Street
Llandudno
LL30 2TW

tel.01492-871110

E-mail: volunteercentre@cvsc.org.uk

03/09

Conwy Voluntary Services Council - Registered Charity 1061697

Elderly People

Befriend people, either in their own homes, in groups or in hospitals/ residential homes. WRVS, Red Cross, Cinnamon Trust (help with dog walking), the Alzheimers Society and various luncheon/welfare clubs can all help with introductions.

People with Learning disabilities

Help people to learn new skills and to reach their full potential by encouragement and support. Organisations such as MENCAP, Prospects and others are involved in this work.

HIV/AIDS

Join in helping to provide respite care for people with HIV/Aids at Tyddyn Bach in Penmaenmawr whilst their usual carers take a well-earned rest.

Children

Want to see children reach their full potential? Some need extra support to do so. You can get involved through, for example, Action for Children, Guides Cymru, etc.

Physical disabilities

Interested in helping in this area? We can introduce you to groups such as Vision Support, Clubs for the Blind, Deaf, etc.

Mental Health

Such illness can hit anyone - you can help by befriending through, for example, Aberconwy Mind.

Families

Help families to deal with the many problems and difficulties that they can face, supporting and encouraging, either short or long-term. Home-start and SNAP are working in this area.

Hospitals and Hospices

Providing ancillary services and being available to listen. Organisations such as Ward Volunteers & WRVS, or try the Red Cross Home from Hospital service.

Discover Volunteering

Discover new experiences

And... what about Women's groups, Cruse Bereavement Care, Homelessness, Housing, Drug/ Alcohol misuse?

Choosing a Career?

Did you know...

Your work experience could be with one of these projects

You could bring new ideas to that project

If you want to embark on a social care career, volunteering is incredibly important and may be part of your course!

If you are 16-24, your time could be accredited with the Millennium Volunteers Scheme!